

# Slinger Schools Summer

 *Aurora Sports Health*

# Sports Performance Camp



## Camp for Student Athletes Grades 5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup>

*Join us for sports performance training!*

Taught by Slinger High School's Athletic Trainer Mike Reinke.

The Program will emphasize

- Speed & Agility
- Strength & Power
- Injury Prevention & Balance

## Camp dates – Five weeks:

June 18th – July 20th, 2018  
(Monday, Tuesday, Thursday)  
NO CAMP Thursday (July 5<sup>th</sup>)

### Camp times:

Sports Performance Camp: 12:30pm to 2:00pm

### Camp location:

Slinger Middle School - Gym  
[521 Olympic Dr, Slinger, WI 53086](http://www.slingerwi.com/521-Olympic-Dr-Slinger-WI-53086)

Fee: \$30/ for camp per person  
Registration deadline is June 9, 2018.  
There are no refunds or make-ups

### Registration Form – Summer 2018

Name(s): \_\_\_\_\_ Grade Entering: 5<sup>th</sup> 6<sup>th</sup> 7<sup>th</sup> 8<sup>th</sup>  
(Circle one)

Select program: Sports Performance Camp \_\_\_\_\_

Parent Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

Phone number: (H) \_\_\_\_\_ (W) \_\_\_\_\_ (C) \_\_\_\_\_

Email: \_\_\_\_\_

All participants and their parent/guardian are required to sign the Fitness Center's *Code of Conduct and Waiver Form*, and complete the *Physical Activity Readiness Questionnaire* before beginning the program.

Submit your completed forms and registration with payment made out to **Slinger Athletics** to:

**Melissa DeJesus**  
Slinger High School Office  
209 Polk Street  
Slinger, WI 53086

**Fees enclosed:**  
Number of camp  
registrations: \_\_\_\_\_ @ \$30  
Total amount:  
\$ \_\_\_\_\_