

**Mrs. Corey
School Counselor
Slinger Elementary
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From the School Counselor

**Information for
Small Group
Counseling**

Small Group Counseling

As part of our school's comprehensive school counseling program, students are invited to participate in small group counseling sessions. Small group counseling is offered to students to support and enhance the development of personal/social skills and to support educational success. Students may be referred for a small group by parents, teachers, administrators or other school personnel.

Students will meet in small groups with the school counselor to receive support through talking, learning and sharing. We will meet for twenty to thirty minutes once a week during the school day for approximately 4-6 weeks. Some of the small groups offered during the school year include: Self Esteem Building, Friendship/Social Skills, School Success Skills, Anger Management Skills, and Family Changes. Group activities may include artwork, games, discussion, videos or stories that encourage individual expression of feelings and teach positive coping skills.

Participation in small group counseling is voluntary and confidentiality of personal information is respected. If there is a particular group from which you believe your child would benefit from please call, stop by my office or send a note to school with your child.



***Self-Esteem Building-**
Focus on appreciating our strengths, the things we can do well and developing positive thoughts.

***School Success Skills-**
Explore & strengthen the skills for school success with a focus on attitude, listening skills, study tips, organization & homework tips.

***Family Changes-**
For students whose parents have separated or divorced. Students learn to express & cope with their feelings.

***Friendship/Social Skills-**
For students who need or would like to work on strengthening their friendship skills.

***Anger Management Skills-**
For students who need or would like to work on dealing with & managing their angry feelings in a positive way.

***Additional group topics**
available by request.