

Kiley Sabin

Kiley Sabin graduated from Slinger High School in 2014 as an exceptional three-sport athlete excelling not only in athletics, but academics as well. She was an eight-time letter winner in track and field, basketball, and volleyball, earning a letter all four years in track. She maintained high honor roll throughout high school and was awarded the Wisconsin Little Ten Senior Scholar athlete for her academic efforts.

Kiley found her niche and love of track and field within the throwing events. Most notably, she was a two-time state champion in the shot put and two-time state runner up in the discus, also earning a fifth-place finish in the shot put at state her sophomore year. She was a four-time team MVP and team captain her senior year. During her career, she helped to lead her team to multiple conference titles. She obtained 10 individual conference event titles in the throwing events both indoor and outdoor, narrowly missing the conference record in the shot put by a few inches. In both her junior and senior year, she was awarded the Wisconsin Little Ten Field athlete of the year and District Field athlete of the year. Kiley broke the school records for shot put and discus during her sophomore year which continue to stand for Slinger to this day at 46'2" and 140'2" respectively. Her mark in shot put places her at 20th all-time for the state of Wisconsin.

Kiley also excelled in basketball and volleyball with Slinger. In basketball, she earned team MVP both her junior and senior year and was elected team captain in her senior year. Junior year, she earned Wisconsin Little Ten 2nd team All-Conference honors and senior year, she earned 1st team All-Conference honors.

After high school, Kiley continued her track and field career with the University of Minnesota. She earned four letters in her time with the Gophers and became a 4-time All-American in the shot put with her highest finish being 5th place in the nation in 2018. Currently, she holds the indoor shot put record for the Gophers (57'4") and was the outdoor shot put record holder from 2016-2019. Despite no longer holding the outdoor record, she is now 2nd all-time for outdoor shot put and 9th all-time for discus (177'11"). She also assisted her team in winning 3 Big Ten Championships for the Gophers and had two 2nd place finishes in shot put in the elite Big Ten Conference. On top of her athletic achievements, she earned several academic awards as well. She was awarded the Division 1 Track and Field Coaches Association All-Academic Team honor (2017, 2018, and 2019) and the national COSIDA Academic All-District team and All-American team honors in 2018 and 2019.

Kiley has recently moved back to Wisconsin to practice as an orthopedic Physician Assistant where she plans to use her knowledge and skills to help other athletes return to play and achieve their own sports dreams.