

# May High School - 2024

All meals come with fruit, vegetables, and a milk\*

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b> <b>Café</b> Build your own Burger French Fries <b>Bistro</b> Yogurt Bar Salad Bar <b>Owl's Nest</b> Crispy Chicken Salad	<b>2</b> <b>Café</b> Chicken Sandwich Spicy or Regular <b>Bistro</b> Nacho Bar Salad Bar <b>Owl's Nest</b> Teriyaki Beef Salad	<b>3</b> <b>Café</b> Pepperoni or Cheese Pizza Steamed Broccoli <b>Bistro</b> Italian Wrap Salad Bar <b>Owl's Nest</b> Veggie Salad
		<b>6</b> <b>Café</b> Dutch Waffle Cheesy Omelet <b>Bistro</b> General Tso's Bowl Salad Bar <b>Owl's Nest</b> Italian Pepperoni Salad	<b>7</b> <b>Café</b> Cheese Quesadilla Seasoned Rice <b>Bistro</b> BBQ Rib Sandwich Salad Bar <b>Owl's Nest</b> Chef Salad	<b>8</b> <b>Café</b> Build your own Burger French Fries <b>Bistro</b> BBQ Chicken Big Daddy Salad Bar <b>Owl's Nest</b> Fiesta Chicken Salad
<b>13</b> <b>Café</b> Pancakes & Sausages Breakfast Potatoes <b>Bistro</b> Chicken Philly Salad Bar <b>Owl's Nest</b> Big Mac Salad	<b>14</b> <b>Café</b> Chicken Tenders Mashed Potatoes <b>Bistro</b> Chicken Tenders Mashed Potatoes <b>Owl's Nest</b> Caesar Salad	<b>15</b> <b>Café</b> Build your own Burger French Fries <b>Bistro</b> Ham & Cheese Croissant Salad Bar <b>Owl's Nest</b> Taco Salad	<b>16</b> <b>Café</b> Chicken Sandwich Spicy or Regular <b>Bistro</b> Pork Chop Sandwich Salad Bar <b>Owl's Nest</b> Bistro Spinach Salad	<b>17</b> <b>Café</b> Pepperoni or Cheese Pizza Mixed Vegetables <b>Bistro</b> Caesar Wrap Salad Bar <b>Owl's Nest</b> Veggie Salad
<b>20</b> <b>Café</b> French Toast & Sausage Breakfast Potatoes <b>Bistro</b> Teriyaki Chicken Bowl Salad Bar <b>Owl's Nest</b> Chicken Bacon Ranch Salad	<b>21</b> <b>Café</b> Taco Bar Seasoned Rice <b>Bistro</b> H.M. Chicken Melt Salad Bar <b>Owl's Nest</b> Mediterranean Salad	<b>22</b> <b>Café</b> Build your own Burger French Fries <b>Bistro</b> Buffalo Chicken Big Daddy Salad Bar <b>Owl's Nest</b> Asian Chicken Salad	<b>23</b> <b>Café</b> Chicken Sandwich Spicy or Regular <b>Bistro</b> Cheeseburger Mac Salad Bar <b>Owl's Nest</b> Turkey Cobb Salad	<b>24</b> <b>Café</b> Garlic Cheese Bread Marinara Sauce <b>Bistro</b> Spicy Chicken Wrap Salad Bar <b>Owl's Nest</b> Veggie Salad
<b>27</b> 	<b>28</b> <b>Café</b> Chicken Tenders Mashed Potatoes <b>Bistro</b> Chicken Tenders Mashed Potatoes <b>Owl's Nest</b> Cook's Choice Salad	<b>29</b> <b>Café</b> Build your own Burger French Fries <b>Bistro</b> Yogurt Bar Salad Bar <b>Owl's Nest</b> Cook's Choice Salad	<b>30</b> <b>Café</b> Chicken Sandwich Spicy or Regular <b>Bistro</b> Nacho Bar Salad Bar <b>Owl's Nest</b> Cook's Choice Salad	<b>31</b> <b>Café</b> Pepperoni or Cheese Pizza Steamed Broccoli <b>Bistro</b> Italian Wrap Salad Bar <b>Owl's Nest</b> Cook's Choice Salad

\* A complete meal must contain a ½ cup fruit or vegetable